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अनुक्रमणिका

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ড. মামরি মণ্ডল



Ideal Man in Guru Nanak Bani

Mrs. Anu Kandhari* & Dr. Vani Arora**

Abstract : Man is the supreme creation of God and he is the central figure in the whole universe. He possesses intelligence and can know the mysteries of nature because he only has the capacity to have rational thinking with which he can discriminate between good or bad, right or wrong, duty and non-duty. Human birth is precious and everything happens in God's Will. Man's body is composed of five elements (i.e. earth, water, fire, air and ether) and these five elements are manifestation of the Absolute Being. Guru Nanak uses the other terms for *gurmukh* also, such as *brahm-gyani*, *jivan-mukta* and *sachiar*. *Gurmukh* absorbs himself in the True Lord for attaining salvation. Guru Nanak states that human life is the most precious one and it is only in this life that man has the possibility to attain communion with the Supreme Being. For attainment of highest ideal of life, man is advised to follow *nammarga* and cultivate universal consciousness by living life for the service of mankind.

Statement of the Problem

Ideal Man in Guru Nanak Bani

Delimitations : The sphere of Guru Nanak Dev's *sbani* is very wide and it is not possible for the investigator to cover all aspects of His philosophy. The investigator worked only on concept of ideal man discussed in His *bani*.

Objectives of the Problem

- To study about the nature of man in Guru Nanak Dev's *Bani*.
- To study about the Supreme Ideal of life and its attainment mentioned in Guru Nanak Dev's *sbani*.

1.8 Method and Procedure : Collection of data is the very important step in Research. There are various methods and techniques for collecting research material. Research methods may be understood as all those techniques, which are used for conducting research. Planning and procedures for the study are essential for the ultimate success of the Research Report. There is need to collect the data from various sources. Sources can be classified into two categories:

- Primary Sources
- Secondary Sources

Primary and secondary resources have been consulted by the investigator to make the work complete in all aspects. Primary resources are the hymns of Guru Nanak Dev and Secondary sources are the number of books, journals, articles of scholars related to the topic. The investigator collected the data from various resources and analyze and select the relevant portion. The present study is mainly philosophical and historical in nature. The investigator tried to interpret with sincerity about Ideal man as propounded by Guru Nanak Dev.

Introduction : Man is the supreme creation of God and he is the central figure in the whole universe. He possesses intelligence and can know the mysteries of nature because he only has the capacity to have rational thinking with which he can discriminate between good or bad, right or wrong, duty and non-duty.

Human birth is precious and everything happens in God's Will. God has given intelligence to man for doing good deeds and in reality; man's life is an opportunity to meet the Supreme Being. In this way, man comes into this world by God's order (*Hukam*) and through his own past actions. It is mentioned in Guru Nanak Bani that human life has come after passing through innumerable living species.¹

(i) Nature of Man : There are two constituents of man i.e. body and soul. Man's body is composed of five elements (i.e. earth, water, fire, air and ether) and these five elements are manifestation of the Absolute Being. The body of man undergoes through all the processes of change, i.e. growth, disease and decay. The birth of man as well as the structure of his body is determined by his previous actions and liberation is possible through Divine Grace.²

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